

# The 2nd Annual Leo W. Jenkins Cancer Center Pink Ribbon 5K and Fun Run / Walk

Benefiting Breast Cancer Services at the LJCC

Sunday, October 24, 2010, 1:30 PM, Greenville, NC

An East Carolina Road Racing Event

**COURSES** – The 5K is USATF certified, flat, and runs through the Lynndale neighborhood. The Fun Run is out and back. Both events start at 1:30 at Moe’s Southwest Grill, 610 Red Banks Road in Greenville. For directions, you can call Moe’s at 252-353-6637.

**EVENTS** – 5K, 1 Mile, and Kid’s Dash. Both 5K and 1 Mile start at 1:30 pm and the Kid’s Dash after last finishers.

**TIMING AND SCORING** - By East Carolina Road Racing, with shoe chips. Results will be announced shortly after the last finisher and posted later on the Internet at [www.ecrun.org](http://www.ecrun.org)

**ENTRY FEES** – 5K - \$20 if postmarked by Monday, October 18, \$25 after and race day. 1 Mile is \$15 and Kid’s Dash is \$5.

Please do not mail entries after October 18, just bring to the race. Entry fee includes quality t-shirt. Shirts will available to the first 100 to enter, so sign up early to reserve your size. You may also register online at [active.com](http://active.com) up to October 22.

**AWARDS, 5K** - For the top 3 M+F overall, the top 3 M+F in each age group, and to the oldest M+F finishers.

**5K AGE GROUPS** – 12 and under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**AWARDS, Fun Run** – Trophies to the top 3 M+F overall. All finishers will receive their time and placing. Enjoy food and drinks at Moe’s after the event.

**REGISTRATION** – Opens at noon at Moe’s Southwest Grill, 610 Red Banks Road in Greenville.

**CONTACTS** - Kip Sloan: [kip.sloan@ecrun.org](mailto:kip.sloan@ecrun.org), 252-355-3180 or Rachel Raab: [raabr@ecu.edu](mailto:raabr@ecu.edu).

Make checks payable to "ECU Medical & Health Sciences Foundation" and mail to:

Fredia Butts  
600 Moye Boulevard  
Leo Jenkins Cancer Center Room 178  
Greenville, North Carolina 27834  
Attn: Pink Ribbon 5K/Breast Cancer Fund

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First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Sex \_\_\_\_\_ Age on October 24th \_\_\_\_\_ Birth Date (MM-DD-YY) \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_ Shirt Size \_\_\_\_\_

Email Address \_\_\_\_\_ Extra donation to LJCC \_\_\_\_\_ Total enclosed \_\_\_\_\_

No animals, skates or bicycles are allowed in the event in the interest of safety. Portable music players are discouraged. Baby strollers and racing wheelchairs are permitted and welcomed.

I acknowledge that running events can be a hazardous activity, and I and my heirs, executors, administrators, and assigns do hereby release the organizers, sponsors, all race personnel, East Carolina Road Racing, and The Leo W. Jenkins Cancer Center from responsibility for any damages suffered by me as result of my participation in this event. I also attest that I believe I am healthy and fit enough to safely participate in the event on October 24, 2010, and that I will take full responsibility for my own safety before, after, and during the event.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_