

No animals, skates or bicycles (other than course marshals) are permitted in the events in the interest of safety. Portable music players are permitted but discouraged. Baby strollers and racing wheelchairs are permitted and welcome.

### RELEASE

I acknowledge that running events can be a hazardous activity, and I release and forever discharge East Carolina University, all of its officers, agents and employees; and the organizers; sponsors; all race personnel; East Carolina Road Racing; the County of Pitt and the City of Greenville, and their officials, managers, directors, officers and employees, ("Releases") from and against any and all claims of damages, demands and actions or causes of actions, on account of damage to personal property or personal injury or death which may result from my participation in this event. I acknowledge that I am the recipient of a privilege for participation, and understand that this privilege is a tangible benefit to me that I accept. I attest and verify that I have full knowledge of the risks of road racing and I assume all of those risks and I will pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses. I attest and verify that I am physically fit and healthy enough to participate in the event on August 28, 2010, and that I take full responsibility for my own safety before, during, and after the event. I have read the foregoing Assumption of Risk and Release and freely and voluntarily agree to its terms.

### Signed

\_\_\_\_\_

Date \_\_\_\_\_

**Required signature:  
Parent or Guardian if under 18**

\_\_\_\_\_

Date \_\_\_\_\_



Start/End location:  
East Carolina University Student Recreation Center  
128 Student Recreation Center  
Greenville, NC 27858

Greenville - Pitt County, NC  
**8K Road Race**

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### Benefiting:



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Saturday, August 28, 2010  
8:00 AM  
Greenville, NC

**Greenville—Pitt County  
8K Road Race  
August 28, 2010**

**ABOUT OUR RACE**

This is the inaugural run of the Greenville-Pitt County 8K Road Race. The proceeds of this race will benefit the arts and sciences and the American Red Cross (Pitt County Chapter).

**COURSES** – The brand new 8K course will be USA Track & Field certified and will loop around some of Greenville’s best sites.

Starting from the ECU Student Recreation Center, the runners pass by Sheppard Memorial Library, the Greenville Police/Fire/Rescue Headquarters, City Hall, and East Carolina University’s campus.

Fun Run / Walk will be approximately 1 mile. The 8K and the Fun Run / Walk start at the ECU Student Recreation Center, located at 128 Student Recreation Center, Greenville, NC (at Co-tanche and 8<sup>th</sup> Streets in Uptown Greenville). Events start at 8:00AM.

**EVENTS** – 8K Road Race, Fun Run/Walk, and Kid’s Dash. Both the 8K and Fun Run/Walk start at 8:00AM. The Kid’s Dash starts after the last finishers (approximately 9:30 a.m.).

**TIMING AND SCORING** - will be handled with shoe chips. Results will be posted online after the race at: [www.ecrun.org](http://www.ecrun.org).

**REGISTRATION:** Opens at 6:15AM at the ECU Student Recreation Center and closes at 7:30AM. Arrive early for the best parking. Pre-registered runners may pick up their packets on Friday afternoon at the Student Recreation Center—times to be announced.

**ENTRY FEES / FORMS:**

8K - \$25 if postmarked by Friday, August 20; \$30 after August 20, 2010 and on race day.

Fun Run/Walk is \$15.

Relay Team is \$45

Kid’s Dash is \$5.

Entry fees should be made payable to:

**Greenville—Pitt County 8K Road Race**

And mailed to:

**City of Greenville  
Recreation & Parks Department  
Attention: 8K Road Race  
PO Box 7207  
Greenville, NC 27835**

Please do not mail entries after August 20<sup>th</sup>. Registrations will be taken at the event until 7:30AM. Entry fee includes a commemorative t-shirt. T-shirts also available at event.

Sign up early to reserve your size. Sizes are guaranteed to be available for those entries received by August 9, 2010.

You may register online at [Active.com](http://Active.com) through August 24, 2010.

**8K AWARDS** - Unique Awards to the top 3 Male & Female overall, the top 3 Male & Female in the following age groups: 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

**8K RELAY TEAM AWARDS** – to the top 3 teams. A relay team consists of 2 members with each running half of the 8K.

Relay teams need to send in both entries together.

**FUN RUN AWARDS** – Trophies to the top 3 Male & Female overall. All finishers will receive their time and placing.

**Entry Form**  
Please complete this information and sign the waiver on the reverse

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Gender \_\_\_\_\_ Age on August 28 \_\_\_\_\_

Birth Date (MM-DD-YY) \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Mobile Phone \_\_\_\_\_

Adult Shirt Size **S M L XL XXL**  
(Circle desired size)

Email Address \_\_\_\_\_

8K Race \_\_\_\_\_ Team **Y or N**

Fun Run/Walk \_\_\_\_\_

Kid’s Dash \_\_\_\_\_

Donation \_\_\_\_\_ (Tax Deductible)

Total enclosed \_\_\_\_\_

Team Name: \_\_\_\_\_

Relay Partner: \_\_\_\_\_

