

WAIVER

I understand that running or walking in a road race is a strenuous activity and that I am properly trained and medically able to participate in such an event. I agree to abide by the directions and instructions of the Race Director, officials, and volunteers. I agree to abide by all vehicular traffic laws and yield right of way in all situations where I may encounter a motor vehicle during the race. By accepting these statements, I hold the Race Director, Young & Associates, Oxford Lions Club, City of Oxford, and all other sponsors and suppliers harmless of any and all claims and liabilities that may arise from participation in this event. I give my permissions for the free and unrestricted use of my name and picture in any broadcast or written account of the event.

I have read and agree to this waiver.

Signature Date

Parent or Guardian Date
(If under 18)

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VACUUM CLEANER SOLUTIONS
693-0101

Friends of the Lions

The 4TH Annual

RUN WITH THE LIONS 5K Run/Walk & 1 Mile Fun Run



PRESENTED BY:
STATE FARM AGENT PAUL SHELTON

Saturday
August 28, 2010

8:30 AM — 5K Run/Walk
9:15 AM — 1 Mile Fun Run
9:45 — 4 & Under Trike Sprint

Registration and Race Start:
*Parking lot on corner of
Little John and Gilliam Street
Oxford, NC 27565*

RUN, WALK, WITH THE LIONS

We invite you to join us for the **4TH Annual Run With The Lions**. The run is being held to raise funds for *Sight First*, a program created by Lions Club International to eradicate all preventable blindness.

Your support will fund research and services for the visually impaired. The visually impaired and Oxford Lions Club appreciate your support.

COURSE INFORMATION

USATF Certified course through downtown Oxford and surrounding neighborhood areas. Visit www.lionsrun.org to see the course map.

5K RUN/WALK

All 5K entrants will be issued a ChampionChip timing chip. All 5K entrants will receive a t-shirt and race packet. Baby joggers are welcome. No pets, bicycles, skates, or skateboards allowed. Race starts at 8:30 a.m., rain or shine. Race results will be posted at www.ecrun.org. Awards will be given to the top finishers by gender and age group. Cash prizes to top 3 finishers in gender class. Pre-registered groups of eight or more will receive a personalized plaque for the group. Entries must be received together to qualify.

1 MILE FUN RUN

Great for children, but parents are welcome and encouraged to run/walk as well. All participants will receive a t-shirt! Race starts at 9:15 a.m., rain or shine.

T-shirt sizes available on first come first served basis.

TRIKE/BIG WHEEL SPRINT

Children 4 and under are invited to bring their tricycle or big wheel to race down Little John Street. All pre-registered participants will receive a t-shirt. No training wheel bikes or scooters please.

ENTRY FEES

5K RUN/WALK

\$18 per person (*pre-registration*)

\$20 per person (*day of race*)

MILE FUN RUN

\$10 per person (*pre-registration*)

\$12 per person (*day of race*)

TRIKE SPRINT

\$10 per child (*pre-registration and day of race*)

* Fees include t-shirt, post race refreshments and race packet.

* Children in joggers are free of charge, but will not receive a t-shirt.

* Post-race activities and refreshments.

For more information please contact:
Eddie Crews at: walter.crews@djjdp.nc.gov
Mike Waters at: mwaters23@nc.rr.com

For downloadable application, visit
www.lionsrun.org
or www.ecrun.org

ENTRY FORM

Make checks payable to:

Oxford Lions Club
or register online at

www.lionsrun.org or www.ecrun.org

Race day registration will also be available.

Name _____

Address _____

City/State/Zip _____

Phone _____

Age on Race Day _____

Date of Birth _____

E-mail _____

SEX (CIRCLE):

Male Female

EVENT (CIRCLE):

5K Run / Walk

Mile Fun Run

Trike Sprint

T-SHIRT SIZE (CIRCLE):

Adult: S M L XL

Child: M (8-10) S (6-7)

One person per entry. **Be sure to sign waiver on back.** Mail entry and fee to:

OXFORD LIONS CLUB
Attn: RUN WITH THE LIONS
P.O. Box 303
Oxford, NC 27565