



RUN FOR RADD 5K

Proceeds will benefit RADD, Inc. (Raising Awareness for the Developmentally Disabled)

Date: 10/23/2010

Time: 08:00 am

Pre-register by: 10/20/2010

Entry fees:

- \$20.00 Pre-registration (T-shirt guaranteed)
- \$25.00 Registration on race day (T-shirt with entry while supplies last)

This is a walker-friendly 5k course in Kinston, NC and will feature 2 water stations as well as refreshments at the finish.

To register, fill out this form and return in mail. Online registration can be found at www.raddinc.org or www.ecrun.org.

For more information, email Brad Mitchell at runforradd5k@hotmail.com



PRIZES

Trophies will be given to the Top 3 overall finishers. Medals will be given to the Top 3 in each age group in 10 year increments.

**THE MISSION of RADD...
To provide skill building through social and recreational activities while providing support services and advocacy for developmentally disabled individuals and their families.**

**THE VISION OF RADD...
A community that partners with developmentally disabled individuals, ensuring them opportunities to maximize their full potential and their contribution to the community.**

Mail form and entry fee to:

RADD Inc
PO Box 1677
Kinston, NC 28503-1677

Email: runforradd5k@hotmail.org
Phone: 252-522-2814
Fax: 252-522-1449

Name _____

Address _____

Phone & email _____

T-shirt Size: S M L XL

Sex

Age on race day

Race Waiver: Upon the acceptance of this entry, I hereby release and discharge RADD, Inc; East Carolina Road Racing, LLC; as well as the race director, all sponsors, volunteers, and race officials from any and all claims for damages suffered by me as a result of my participation in this event on October 23, 2010. I also give permission for the use of my name and picture in any broadcast, telecast, or other written account of the event.

Signature

Date

Signature of parent or guardian if under 18 years of age.

Date