

Waiver and Release Form

In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for losses and damages I may have against the Rae of Hope at Ocean Isle Beach, the Sarcoma Foundation of America, race directors, their officers, directors, members and volunteers and any and all sponsors including other parties and their representatives successors and assigns for any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for the competition which I am voluntarily entering at my own risk. My physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever. No refunds if the race must be cancelled due to acts of God.

USE OF SPIKES or HEADPHONES, ARE NOT PERMITTED ON THE COURSE. NO ONE MAY ENTER THIS EVENT WITHOUT SIGNING THIS OFFICIAL WAIVER. IF UNDER 18, SIGNATURES OF LEGAL GUARDIAN AND PARTICIPANT ARE REQUIRED.

SIGNATURE OF ENTRANT

SIGNATURE OF GUARDIAN

DATE

HEAT WARNING: Temperatures/humidity can be high in North Carolina. Participants should drink plenty of fluids (nonalcoholic) for 48 hours prior to, during and upon finishing the race. Beware of heat injury symptoms, including dizziness, no sweating, nausea, cramps, redness, incoherent speech and thoughts. Seek immediate assistance if symptoms occur.

www.curesarcoma.org

2nd Annual Rae of Hope

5k Run Walk
Rae Lynn Yates, M.D.
Memorial Race



finding the cure in our time

**Saturday,
October 30, 2010
@ 8:00 a.m.**

**Ocean Isle
Beach**

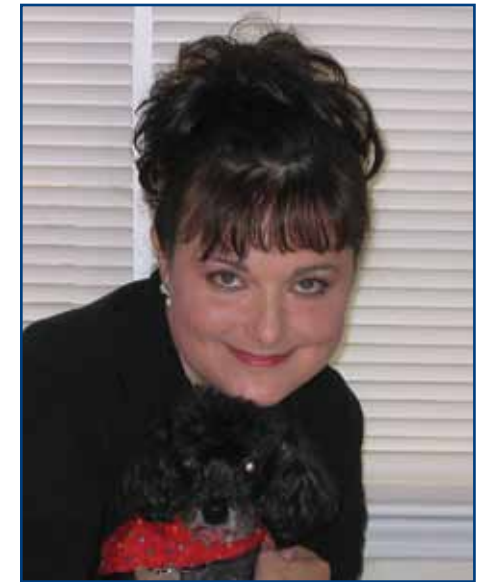
North Carolina

What is Sarcoma?

Sarcoma is a rare cancer that appears in a variety of tissue structures, including nerves, muscles, joints, and bone, collectively referred to as the body's connective tissues. Most frequently, Sarcomas are found in the limbs, where the majority of the body's connective tissue resides. Tumors are often hidden deep in the body, thus making it difficult for an early diagnosis. When it is diagnosed, the tumor is frequently too large to provide hope of a cure.

Sarcoma is curable in about 20 percent of the cases by surgery alone. Surgery in combination with chemotherapy and/or radiation results in a cure rate of some 50-55 percent. Sadly, about half of all Sarcomas are totally resistant to any medical approach.

The Sarcoma Foundation of America (SFA) is an advocate for increased research to find new and better therapies with which to treat patients with Sarcoma. The organization raises money to privately fund grants for Sarcoma researchers and conducts education and advocacy efforts on behalf of Sarcoma patients. Please send any questions to info@curesarcoma.org or call 301-253-8687.



Diamond Sponsor Title Sponsorship

Your company receives credit as the "Title Sponsor" in all media advertising, press releases, handouts, Race web page and other promotional materials

The corporate banner you provide will be prominently displayed at the race site

Your name will be displayed in comparatively large letters at the top of the Sponsor Board

Diamond sponsorship includes complimentary entry for 25 runners

Your commitment locks in exclusivity. No other Diamond Sponsors will be accepted. You will also have the first option for Title Sponsorship in subsequent years

www.curesarcoma.org

Sapphire Sponsor ~ \$2,500

Your company will be listed in all media advertising, handouts, and Race web page.

Corporate name printed in large print at top of the back of t-shirt provided to all race participants and volunteers.

The corporate banner you provide will be displayed at the race site. Your corporate name will appear on the Sponsor Board.

Sapphire Sponsorship includes complimentary entry for 20 runners.

Ruby Sponsor ~ \$2,000

Your company will be listed in all media advertising, handouts, and Race web page.

Corporate name printed in large print on the back of t-shirt provided to all race participants and volunteers.

The corporate banner you provide will be displayed at the race site. Your corporate name will appear on the Sponsor Board.

Emerald Sponsor ~ \$1,000

Your company will be listed in all handouts and on the Race web page.

Corporate name printed on the back of t-shirt provided to all race participants and volunteers.

The corporate banner you provide will be displayed at the race site. Your corporate name will appear on the Sponsor Board.

Topaz Sponsor ~ \$750

Corporate name printed on the back of the t-shirt provided to all race participants and volunteers.

The corporate banner you provide will be displayed at the race site. Your corporate name will appear on the Sponsor Board.

Water Table ~ \$500

Corporate name printed on the water table

Your corporate name will appear on the Sponsor Board.

PRE REGISTRATION BY MAIL:

Make check payable to:

Sarcoma Foundation of America

9884 Main Street

Damascus, Maryland 20872

**On-line registration
for the race go to
www.ecrun.org**

EVENT MANAGERS:

Angela Smith and Andrea Nance

raeofhope5k@yahoo.com

Norine Spencer, 240-426-4364
nspencer@curesarcoma.org

EVENT WILL PROCEED, RAIN OR SHINE.

T-Shirts guaranteed for first 300 runners.

PLACE:

Ocean Isle Beach, NC

DIRECTIONS:

From Highway 17 take Ocean Isle Beach turn, go through light, continue over bridge to island. Take a left on First Street and registration will be at the Ocean Isle Beach Community Center.

Ocean Isle Beach Community Center
44 East First Street
Ocean Isle Beach, NC

PARKING:

Park in the lot that is furthest to the north next to the ball fields.

COURSE:

5K (5,000 meters or 3.1 miles) Run/Walk
Certified Course

TIME:

Raceday Registration 6:00 - 7:15 AM
5K Run/Walk..... 8:00 AM

ENTRY FEES:

Early Registration thru Oct. 24th \$25
Race day Registration (everyone)..... \$30

Chip timing by East Carolina Road Racing. All runners must pick up their assigned chip on race morning in order to receive a time. Results will be posted online at www.ecrun.org

AWARDS 5K RUN:

Top 3 Overall Male & Female
Top Master Male & Female
Top 3 in Each Age Group

KIDS RUN:

There will be a Kids Run for children 5 and under.

Rae of Hope 5K Run/Walk in memory of Rae Lynn Yates, M.D.

NO ENTRY ACCEPTED WITHOUT FEE. NO REFUNDS. RACE WILL PROCEED RAIN OR SHINE

LAST NAME _____ FIRST NAME _____ AGE ON RACEDAY _____ MALE _____ FEMALE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ E-MAIL _____ BIRTHDATE ____/____/____

5K Run 5K Walk Kids Run (Free No Shirt)

ENTRY FEES: EVENT: T-SHIRT SIZE:

PRE-REGISTERED \$25 _____ S _____ M _____ L _____ XL _____

RACE DAY \$30 _____ S _____ M _____ L _____ XL _____

_____ I cannot attend the event but wish to donate \$ _____ Thank you!

RACE NUMBER (official use)